

BEST PRACTICES - GERMANY - SVLFG

SVLFG

Sozialversicherung
für Landwirtschaft,
Forsten und Gartenbau



For some years now, the SVLFG has been increasingly dedicated to the promotion of mental health. The «In Balance with Us» **campaign** aims to strengthen the mental and physical health of the insured. The SVLFG wants to provide support as early as possible in the run-up to an illness with offers specially adapted to the green economy sector.

With its **group offers**, **online courses**, **telephone counselling** and **crisis assistance**, the SVLFG offers various ways to ensure that health promotion can be well integrated into everyday life.

This is especially true for the **online offers**. The GET.ON Institute has developed seven different health training courses to improve mental and physical well-being and, together with the SVLFG, has adapted them specifically to green professions.

