

# International Barometer of the Health and Well-Being of Education Personnel

– 2021 Edition

**Who? Several thousand teachers from 6 countries, with various profiles, completed online surveys**  
– between May and July 2021



## France

3 646 teachers  
71% ♀ • Age ≈ 44 years old  
Primary education: 44%  
Secondary education: 56%



## Quebec

2 349 teachers  
79% ♀ • Age ≈ 44 years old  
Primary education: 65%  
Secondary education: 35%



## Belgium\*

1 268 teachers  
67% ♀ • Age ≈ 43 years old  
Primary education: 53%  
Secondary education: 47%



## Morocco

302 teachers  
70% ♀ • Age ≈ 43 years old  
Primary education: 40%  
Secondary education: 60%



## The Gambia

222 teachers  
32% ♀ • Age ≈ 34 years old  
Primary education: 7%  
Secondary education: 93%



## Mexico

215 teachers  
77% ♀ • Age ≈ 39 years old  
Primary education: 85%  
Secondary education: 15%



Results are presented according to each country's sample size.

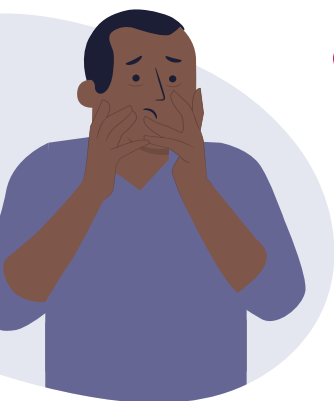
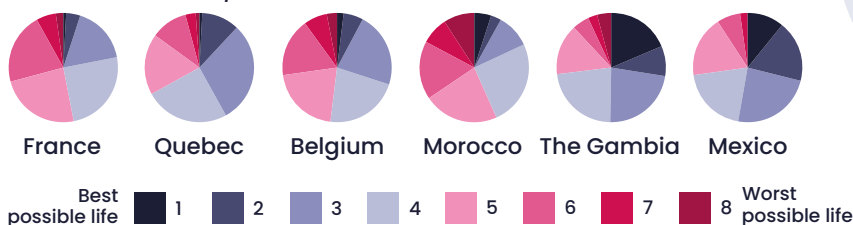
\* French Community of Belgium



# Health and well-being of teachers: a heterogeneous experience around the world

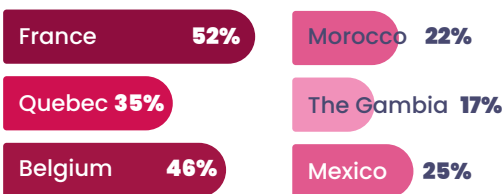
## Quality of life preserved in Quebec, Gambia and Mexico but deteriorated in France, Belgium and Morocco

"Where would you currently place yourself on the scale from best to worst possible life?"



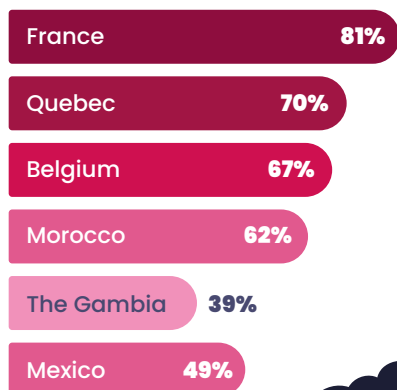
## Mental health weakened in certain countries

Percentage of teachers who "often", "very often" or "always" experience negative feelings such as blues, anxiety, depression, hopelessness.



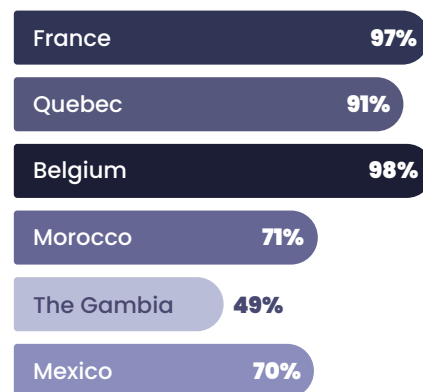
## A stressful profession

Percentage of teachers who consider their work "somewhat" or "very" stressful since the beginning of the school year.



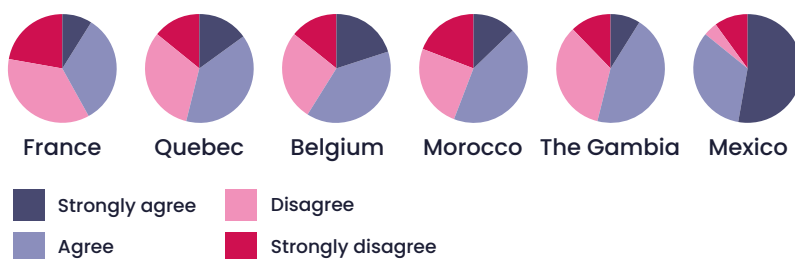
## Low social recognition

Percentage of teachers who have the impression that being a teacher is "not" or "not at all" valued in society.



## Moderate job satisfaction

"If I had to do it again, I would choose teaching again."

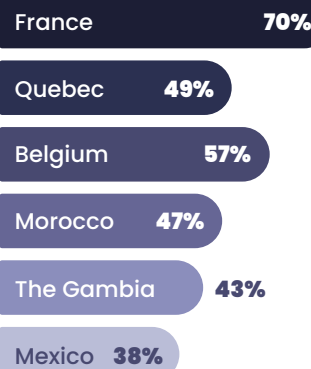


# A profession with many challenges

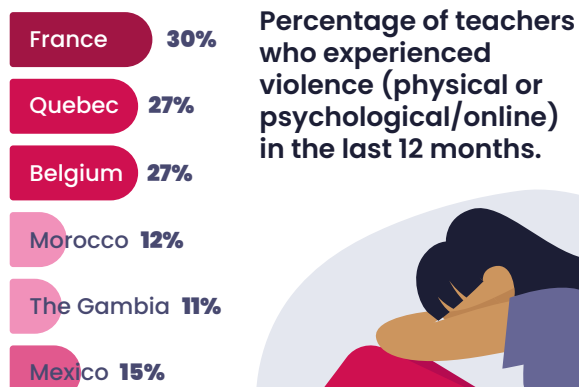


## ● Private life – professional life: a difficult balance

Rate of dissatisfaction with work-life balance.



## ● Violence at work: a problematic normalisation, with nearly 1 in 3 teachers affected in France, Quebec and Belgium

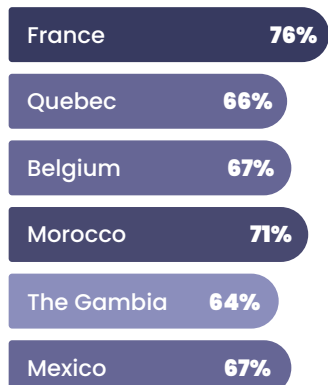


Percentage of teachers who experienced violence (physical or psychological/online) in the last 12 months.



## ● A pressing need for training, on themes that vary according to seniority

Percentage of teachers reporting a need for training.



Training subjects identified:



Pedagogy/student management for young teachers;



Digital tools for teachers with more than 30 years of experience.

## ● Occupational health services practically inexistent



Frequency of appointments with an occupational health physician for a health check-up.

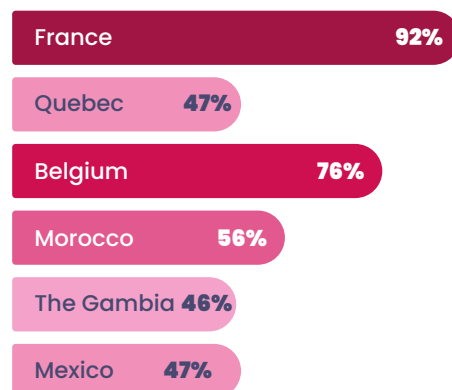


France    Quebec    Belgium    Morocco    The Gambia    Mexico

Once a year   
  Once every 5 years   
  Never  
 Once every 3 years   
  Once every 10 years

## ● Limited possibilities for career development, particularly in France and Belgium







Rate of dissatisfaction regarding their possibilities for career development.



# Teaching in times of Covid

## ● Professional concerns vary according to the health context (& the partial or complete remote teaching)

Major concerns at work in this specific time.

-  **France**
  - Workload
  - Lack of planning and institutional guidance
-  **Quebec**
  - Workload
-  **Belgium**
  - Workload
-  **Morocco**
  - Workload
  - Preparation for remote teaching
  - Work-life balance
-  **The Gambia**
  - Difficulties in getting students to apply health measures, social distancing in the classroom/school
  - Contracting covid-19
-  **Mexico**
  - Work-life balance
  - Contracting covid-19
  - Digital fatigue
  - Concerns for pupils



## ● A resilient profession

*"How do you feel today regarding the covid-19 crisis?"*

I managed to adapt  A  B  C  D  E  F I feel completely unsettled

