

# #I-BEST : International Barometer of Education Staff Edition 2023

A biannual international survey to assess health factors and the health and well-being at work of education personnel and to help improve their condition around the world.

**Tens of thousands of education staff\* surveyed online in 11 territories** Between February and June 2023

Number of participants:  
**26 281**

**90%** are teachers

**72%** are women

**49%** are working in primary school

Average age:  
**44** years old



**France**  
10,562 staff  
92% teachers  
72% ♀ • age ~ 45 ans  
Primary school: 44%



**Spain**  
3,049 staff  
88% teachers  
71% ♀ • age ~ 46 ans  
Primary school: 52%



**United Kingdom**  
2,572 staff  
98% teachers  
74% ♀ • age ~ 41 ans  
Primary school: 46%



**Switzerland**  
1,690 staff  
94% teachers  
70% ♀ • age ~ 44 ans  
Primary school: 52%



**Belgium**  
1,059 staff  
88% teachers  
74% ♀ • age ~ 43 ans  
Primary school: 46%



**Argentina**  
2,277 staff  
79% teachers  
79% ♀ • age ~ 44 ans  
Primary school: 47%



**Quebec**  
2,124 staff  
83% teachers  
79% ♀ • age ~ 45 ans  
Primary school: 64%



**Canada**  
910 staff  
85% teachers  
75% ♀ • age ~ 44 ans  
Primary school: 64%



**Morocco**  
875 staff  
84% teachers  
50% ♀ • age ~ 44 ans  
Primary school: 54%



**Cameroon**  
602 staff  
72% teachers  
54% ♀ • age ~ 41 ans  
Primary school: 54%



**Japan**  
561 staff  
94% teachers  
54% ♀ • age ~ 43 ans  
Primary school: 50%

Order of presentation of results according to sample size, by continent and then by territory.

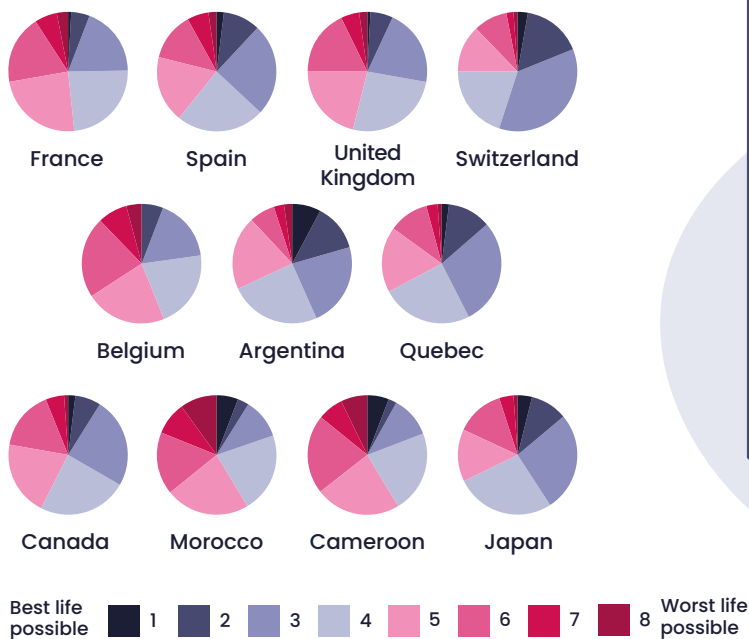
\* Working in a school with pupils aged 3 to 18. For this 2<sup>nd</sup> edition, the survey has been opened up to several categories of staff (administrative, guidance, health, support, etc.), whereas the 1<sup>st</sup> edition in 2021 was addressed to teachers only. The trends ↗↘ are therefore only indicative.



# Health and well-being of education staff: varying perceptions and inadequate support around the world

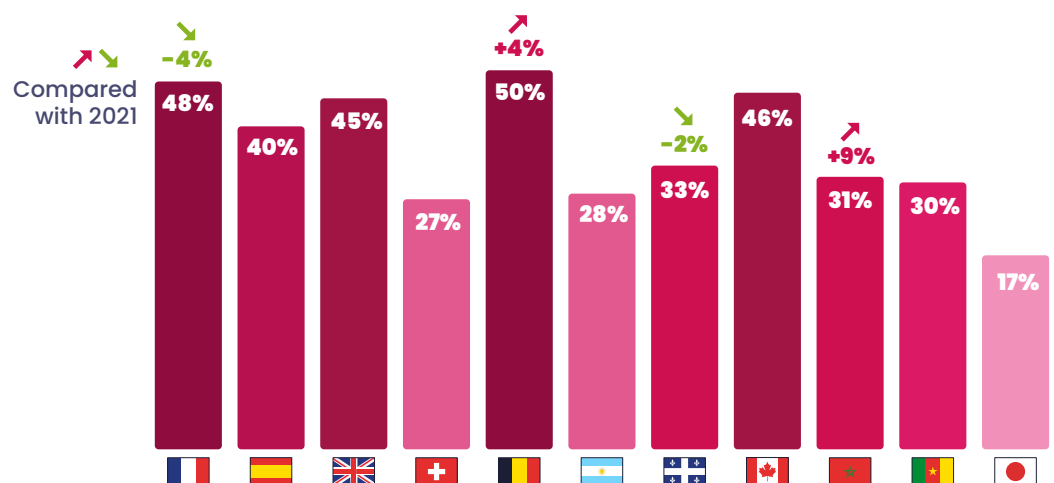
- A relatively high quality of life in the majority of participating countries, with the exception of France, Belgium, Morocco and Cameroon

"Where do you currently stand on the scale of best to worst possible life?"



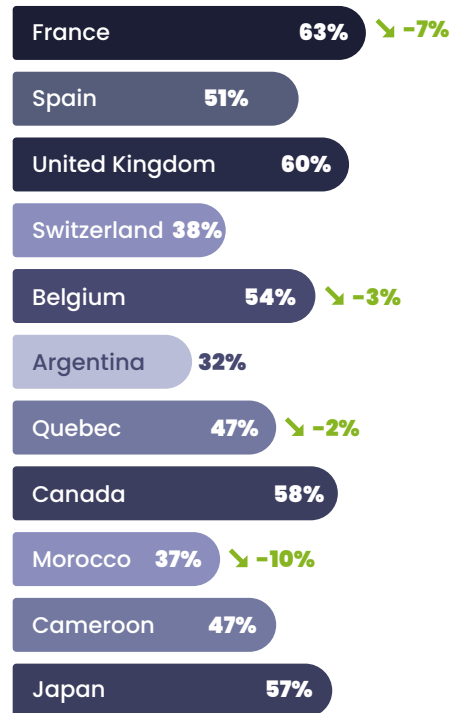
- A worrying state of psychological health in many territories

Percentage of people who (very) often or always experience negative feelings (anxiety, depression, despair, etc.).



## ● Personal/professional life: a difficult but improving balance

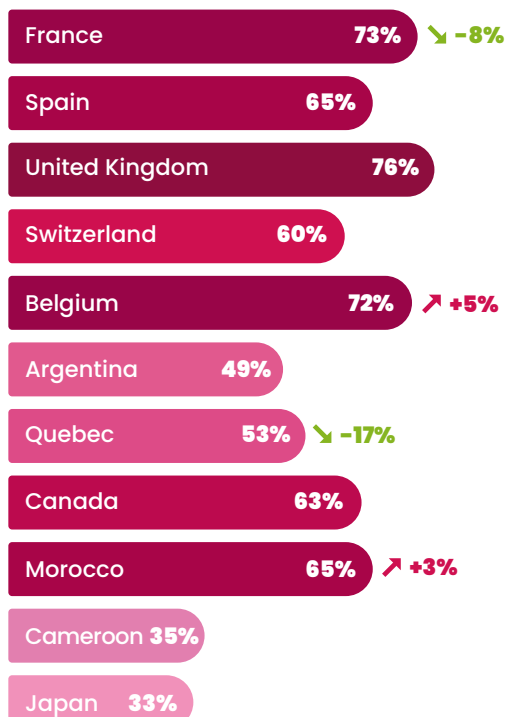
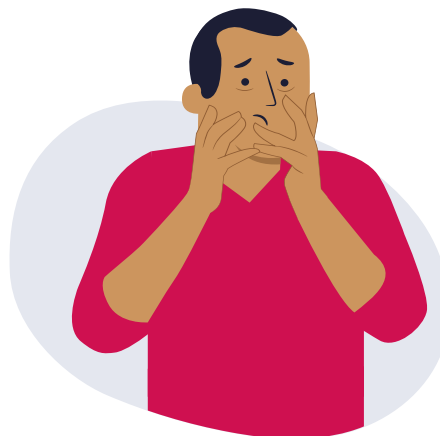
Rate of dissatisfaction with work/life balance.



↗ ↘ Compared with 2021

## ● A stressful job

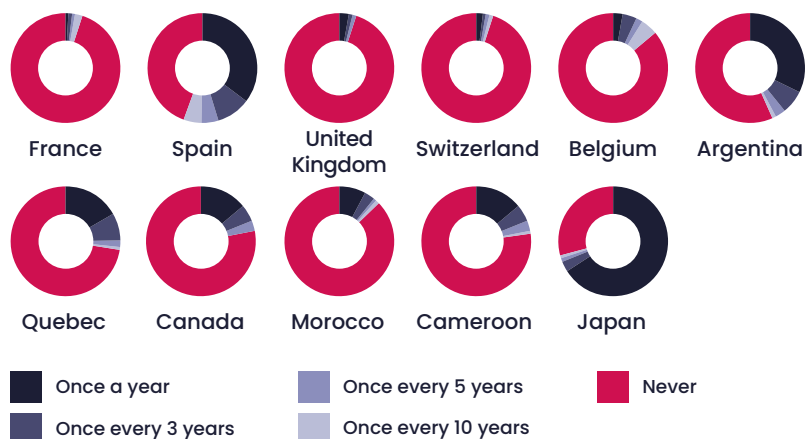
Percentage of people who consider their work to be "quite" or "very" stressful since the start of the school year.



↗ ↘ Compared with 2021

## ● Virtually non-existent occupational medicine (except in Spain, Argentina and Japan)

Frequency of appointments with the occupational health service for health checkups.

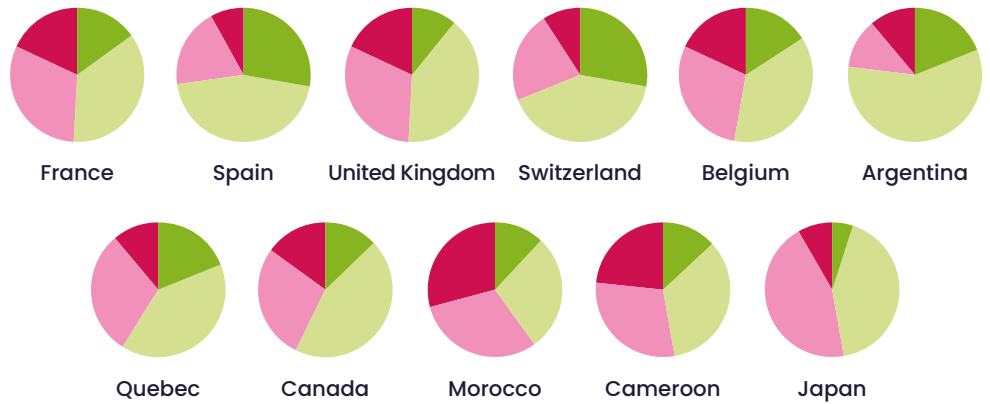


# Difficult working conditions and lack of recognition

## ● A moderate job satisfaction

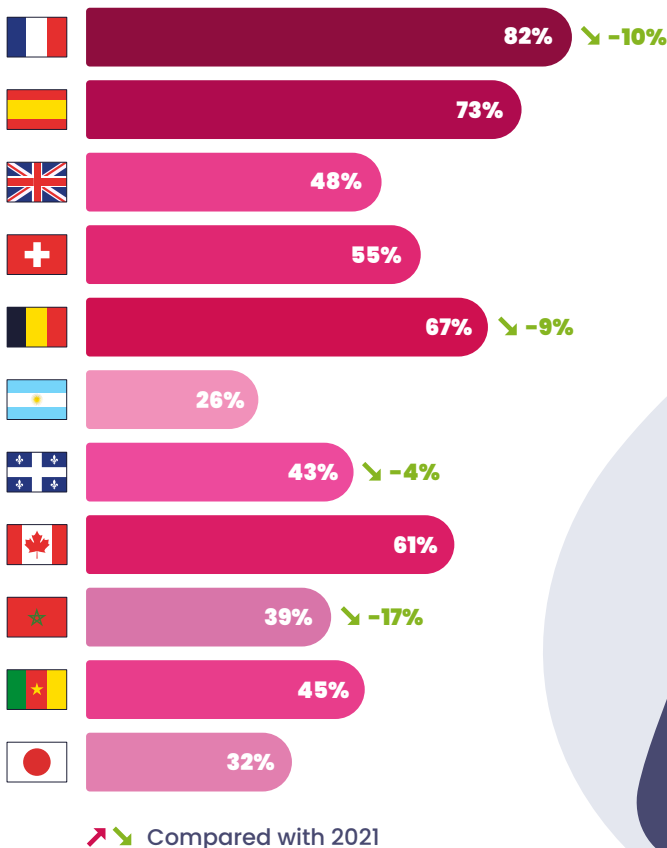
"If I had to do it all over again, I would choose my profession again"

- I strongly agree
- I agree
- I disagree
- I totally disagree



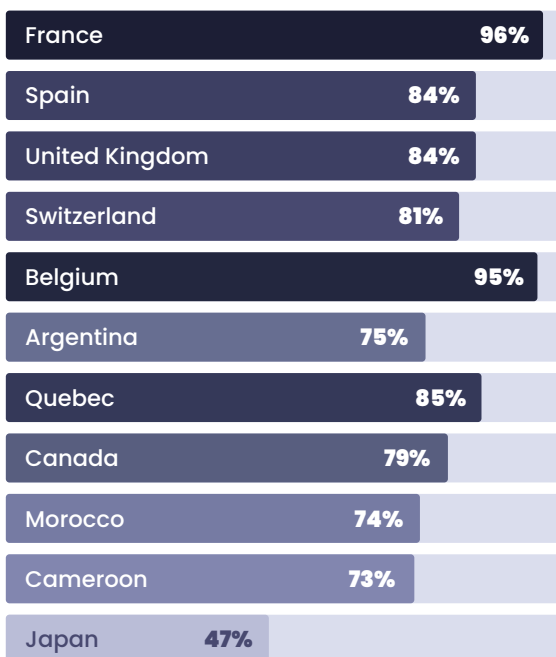
## ● Generally limited career development opportunities, particularly in France and Spain, although the trend is improving

Rate of dissatisfaction among employees regarding their career development opportunities.



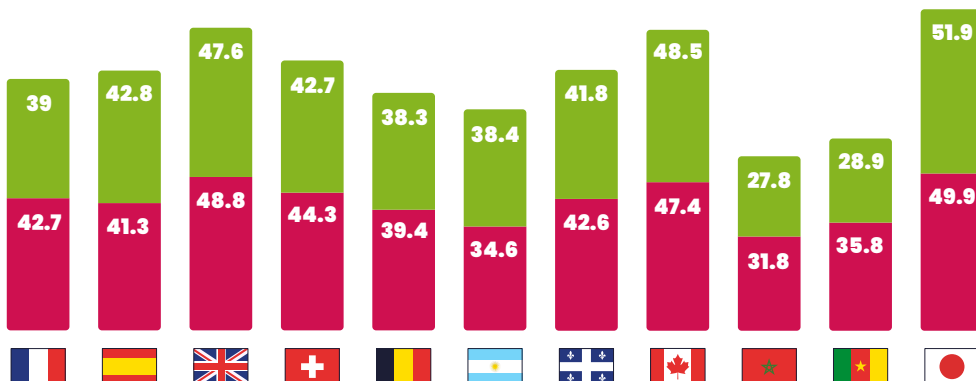
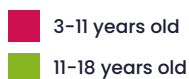
## ● A profession with very low status worldwide

Percentage of people who feel that their profession is 'not' or 'not at all' valued in society



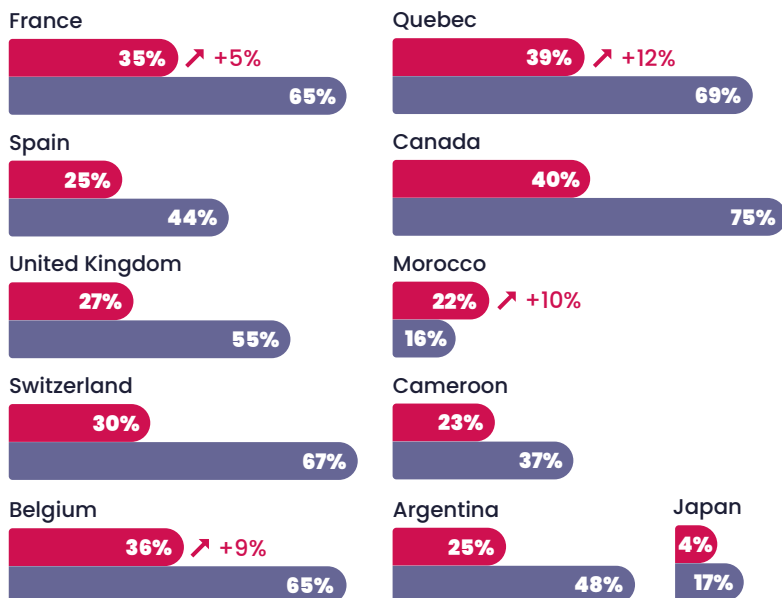
## ● A heavy workload

Actual number of hours worked per week (full-time working staff).



## ● Violence in the workplace on the rise

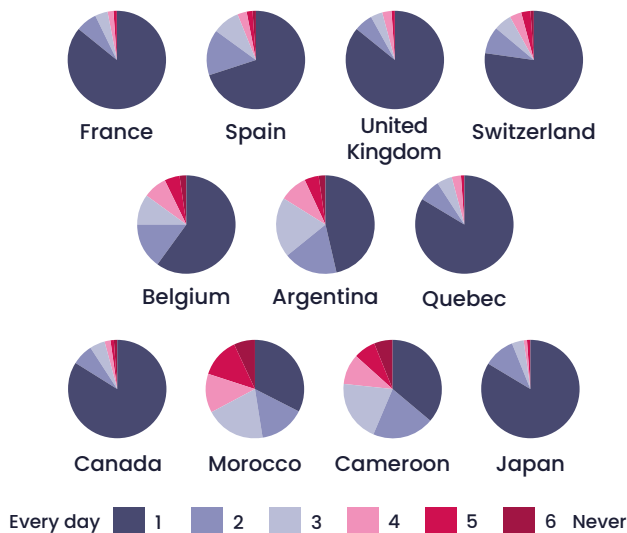
Rate of victim or witness of violence (verbal violence directly or online) at work in the last 12 months.



# Teaching in the digital age

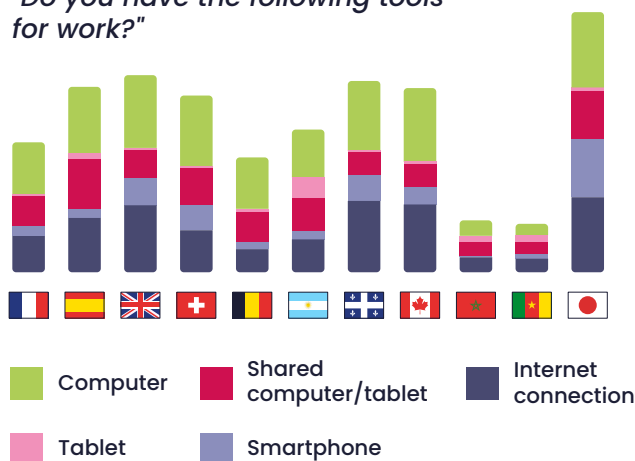
- The use of digital tools is becoming more widespread, making the work of 8 out of 10 staff easier

Frequency of use of digital tools



- Major inequalities in professional equipment from one country to another

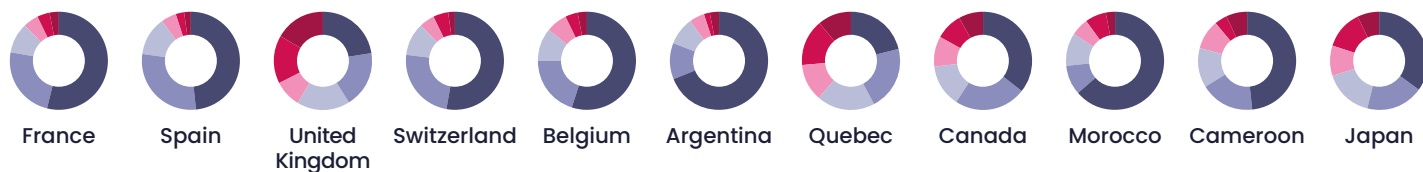
"Do you have the following tools for work?"



- Widespread systematic use of personal digital equipment for work

To what extent do you use your personal digital equipment as part of your professional activities

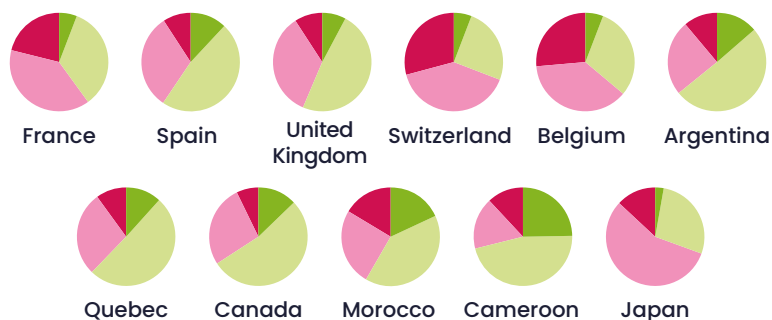
Always 1 2 3 4 5 6 Never



- Mixed opinions on the benefits of digital technology in improving relationships with pupils and families

"Digital tools have enabled me to improve my professional relationships with pupils and families"

I strongly agree I agree I disagree I totally disagree



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