#I-BEST: International Barometer of Education Staff
Edition 2023

A biannual international survey to assess health factors and the health and well-being at work of education personnel and to help improve their condition around the world.

Hundreds of education staff* surveyed online
Between February and June 2023

Number of participants: **910**
- 85% are teachers
- 75% are women
- 64% work in primary school
- Age ≈ 44 years old

Gender
- Woman: 85%
- Man: 15%

Age of pupils
- 3-5 y old: 20%
- 6-11 y old: 25%
- 11-15 y old: 30%
- 16-18 y old: 25%

Full-time / Part-time
- Full-time: 80%
- Part-time: 20%

Seniority
- Fewer than 5 years: 15%
- 5-30 years: 45%
- More than 5 years: 40%

Role
- Teacher: 85%
- School principal: 5%
- Other administration: 5%
- Other support personnel: 5%

School sector
- Public: 60%
- Private: 40%

School type
- General: 60%
- Vocational: 20%
- Other: 20%

Number of pupils in the school
- Fewer than 100: 10%
- Between 100 and 199: 50%
- Between 200 and 799: 30%
- More than 800: 10%

School environment
- More urban environment: 70%
- Intermediate: 20%
- More rural environment: 10%

* Online questionnaire relayed by CTF/FCE.
Adjustment: weighting procedure considering the gender, the age group (<30, 30-49, ≥50) and the level of education (preschool, primary, secondary). Source: OECD, 2020
All statistics presented in the report are weighted. For this 2nd edition, the survey has been opened up to several categories of staff (administrative, guidance, health, support, etc.), whereas the 1st edition in 2021 was addressed to teachers only.
Health and well-being of education staff

Quality of life

Where do you currently place yourself on the ladder?

For all staff

By seniority

Fewer than 5 years 5–30 years More than 30 years

How do you rate your health?

For all staff

By seniority

Fewer than 5 years 5–30 years More than 30 years

Frequency of negative feelings (anxiety, depression, hopelessness...)

Fewer than 5 years 5–30 years Seniority More than 30 years

Work/life balance

For all staff

Satisfaction with sleep

Fewer than 5 years 5–30 years More than 30 years

I–BEST 2023, ESN/FESP. Field: education personnel, Canada
Health conditions, information and support

- **Occupational medicine**
  Frequency of occupational medical appointments

- **Health-related information**
  In general, do you feel that you are well informed about health issues?
  - 13% Very concerned
  - 54% Somewhat concerned
  - 33% Little concerned
  - 1% Not at all concerned

  Do you know your rights regarding occupational health?
  - 24% No
  - 50% More or less
  - 27% Yes

  To what extent are these persons concerned about staff health and well-being?

  - School administration
  - The hierarchy
  - The unions

- **Social protection**
  Do you have access to training and/or prevention resources on health/well-being?
  - 61% Yes
  - 39% No

  In the past year, have you given up treatment because of financial problems?
  - 17% Yes
  - 83% No

  Worked while sick (last 12 months)
  - ≤ 35 y old
  - 36-50 y old
  - > 50 y old

I-BEST 2023, ESN/FESP. Field: education personnel, Canada
Working conditions

- **Stress at work**

  How stressful has your job been since the start of the school year?

- **Workload**

  Number of actual hours worked per week

<table>
<thead>
<tr>
<th>Age of pupils</th>
<th>Mean (in hours)</th>
<th>Standard deviation (in hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5 y old</td>
<td>48</td>
<td>11</td>
</tr>
<tr>
<td>6-11 y old</td>
<td>47</td>
<td>9</td>
</tr>
<tr>
<td>11-15 y old</td>
<td>48</td>
<td>9</td>
</tr>
<tr>
<td>16-18 y old</td>
<td>49</td>
<td>10</td>
</tr>
<tr>
<td>Total</td>
<td>48</td>
<td>10</td>
</tr>
</tbody>
</table>

  Average number of pupils in classes taught

- **Career development opportunities**

  Evaluation of the opportunities of promotion

  For all staff

  By seniority

  Evaluation of the opportunities of training

  For all staff

  By seniority

  Evaluation of salary

  For all staff

  By seniority
School environment and social relationships at work

- **School climate**
  - How do you currently rate the quality of your relationship with the following stakeholders?
  - For all staff

- **Violence at work**
  - At work, have you witnessed violence in the past 12 months?
  - For all staff

- **Types of suffered violences according to stakeholders**
  - Pupils (33.8% of staff concerned)
  - Members of the school staff (10.2% of staff concerned)
  - Parents (11.7% of staff concerned)
  - Persons external to the school (3.2% of staff concerned)
Social recognition

Social status and job satisfaction

To what extent do you agree or disagree with the following statements? By seniority.

Teaching in the digital age

“Do you have the following tools for work?”

- **Computer**: 91%
- **Tablet**: 28%
- **Shared computer/tablet**: 30%
- **Smartphone**: 3%
- **Internet connection**: 98%

“In my job, digital tools make my work easier”

“The use of digital technology in my work is a source of stress for me”

In partnership with:

I-BEST 2023, ESN/FESP. Field: education personnel, Canada